

REGULAR LINE (Grade 9-12)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Oven Roasted Chicken Creamy Mashed Potatoes Romaine/Carrots Shredded Bread Slice Fresh Apple Peach Slices CONDIMENTS: Ranch Dressing Brown Gravy	Asian Teriyaki Bowl Buffalo Tenders 2 oz. Dinner Roll Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup	Cheese Enchiladas w/Meat Sauce Spanish Rice, Pinto Beans Sweet Potato Fries Fresh Cantaloupe Watermelon Diced Pears CONDIMENTS: Jalapenos	Beef & Cheese Lasagna or Chicken Fried Steak 2 oz Dinner Roll, Green Beans Romaine w/Celery Sticks Fresh Orange Tasty Applesauce CONDIMENTS: Parmesan Cheese Ranch Dressing	Nachos Supreme Golden Chicken Tenders 2 oz Dinner Roll Steamed Corn Romaine/Tomatoes Fresh Apple, Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
8	9	10	11	12
Meat Balls Whole Wheat Toast Bread Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ranch Dressing Parmesan Cheese	Sweet & Sour Chicken or Fish Patty, Bread Slice White Steamed Rice Mixed Veggies Baby Carrots Banana Fruit Cocktail CONDIMENTS: Tartar Sauce Sweet & Sour Ranch Dressing	Crispy Tacos Romaine Lettuce w/Diced Tomatoes Polish Sausage Pinto Beans, Spanish Rice Bread Slice or WW Tortilla Sweet Potato Fries Seedless Grapes Watermelon Diced Pears CONDIMENTS: Jalapenos	Chicken Alfredo w/Fettuccini WW Toast Bread Romaine w/Cherry Tomato Green Beans Fresh Orange Tasty Applesauce CONDIMENTS: Ranch Dressing	Chicken Noodle Soup Golden Chicken Tenders, 2 oz. Dinner Roll Romaine/Carrots Shredded Roasted Red Potatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ranch Dressing, Ketchup, Mustard, Mayo, Gravy
15	16	17	18	19
Oven Roasted Chicken Creamy Mashed Potatoes Romaine/Carrots Shredded Bread Slice Fresh Apple Peach Slices CONDIMENTS: Ranch Dressing Brown Gravy	Asian Teriyaki Bowl Buffalo Tenders 2 oz. Dinner Roll Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup	Cheese Enchiladas w/Meat Sauce Spanish Rice, Pinto Beans Sweet Potato Fries Fresh Cantaloupe Watermelon Diced Pears CONDIMENTS: Jalapenos	Beef & Cheese Lasagna or Chicken Fried Steak 2 oz Dinner Roll, Green Beans Romaine w/Celery Sticks Fresh Orange Tasty Applesauce CONDIMENTS: Parmesan Cheese Ranch Dressing	Nachos Supreme Golden Chicken Tenders 2 oz Dinner Roll Steamed Corn Romaine/Tomatoes Fresh Apple, Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
22	23	24	25	26
Meat Balls Whole Wheat Toast Bread Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ranch Dressing Parmesan Cheese	Sweet & Sour Chicken or Fish Patty, Bread Slice White Steamed Rice Mixed Veggies Baby Carrots Banana Fruit Cocktail CONDIMENTS: Tartar Sauce Sweet & Sour Ranch Dressing	Crispy Tacos Romaine Lettuce w/Diced Tomatoes Polish Sausage Pinto Beans, Spanish Rice Bread Slice or WW Tortilla Sweet Potato Fries Seedless Grapes Watermelon Diced Pears CONDIMENTS: Jalapenos	Chicken Alfredo w/Fettuccini WW Toast Bread Romaine w/Cherry Tomato Green Beans Fresh Orange Tasty Applesauce CONDIMENTS: Ranch Dressing	Chicken Noodle Soup Golden Chicken Tenders, 2 oz. Dinner Roll Romaine/Carrots Shredded Roasted Red Potatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ranch Dressing, Ketchup, Mustard, Mayo, Gravy
29	30	31		
Oven Roasted Chicken Creamy Mashed Potatoes Romaine/Carrots Shredded Bread Slice Fresh Apple Peach Slices CONDIMENTS: Ranch Dressing Brown Gravy	Asian Teriyaki Bowl Buffalo Tenders 2 oz. Dinner Roll Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup	Cheese Enchiladas w/Meat Sauce Spanish Rice, Pinto Beans Sweet Potato Fries Fresh Cantaloupe Watermelon Diced Pears CONDIMENTS: Jalapenos	Beef & Cheese Lasagna or Chicken Fried Steak 2 oz Dinner Roll, Green Beans Romaine w/Celery Sticks Fresh Orange Tasty Applesauce CONDIMENTS: Parmesan Cheese Ranch Dressing	Nachos Supreme Golden Chicken Tenders 2 oz Dinner Roll Steamed Corn Romaine/Tomatoes Fresh Apple, Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing

Milk Choices:

1% Low Fat Milk

Fat Free Chocolate Fat Free Milk

A La Carte

Lunch Entrée , \$1.50

Side Dish, \$0.50

Extra Fruit, \$0.50

Extra Milk, \$0.50

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

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This institution is an equal opportunity provider.

Menu subject to change without notice

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Hamburger Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Creamy Mashed Potatoes Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing Brown Gravy	2 Cheeseburger Bean/Cheese Burrito Cheese Pizza Ham Chef Salad Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	3 Grilled Chicken Sandwich Ham/Cheese Sandwich with Baked Potato Chips Veggie Pizza Popcorn Chicken Chef Salad Pinto Beans, Sweet Potato Fries Fresh Cantaloupe Watermelon Diced Pears CONDIMENTS: Ketchup, Mustard, Mayo	4 Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Chicken Chef Salad Green Beans Romaine/Cherry Tomato Fresh Orange Tasty Applesauce CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	5 Grilled Cheese Sandwich Ham/Cheese Sandwich with Baked Potato Chips Turkey Corn Dog, Steamed Corn Grilled Chicken Chef Salad Romaine/Tomatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
8	9	10	11	12
Hamburger Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Cheeseburger Bean/Cheese Burrito Cheese Pizza Ham Chef Salad Mixed Veggies Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Chicken Sandwich Ham/Cheese Sandwich with Baked Potato Chips Veggie Pizza Popcorn Chicken Chef Salad Pinto Beans, Sweet Potato Fries Seedless Grapes Watermelon Diced Pears Romaine Lettuce w/Diced Tomatoes CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Chicken Chef Salad Green Beans Romaine/Cherry Tomato Fresh Orange Tasty Applesauce CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Cheese Sandwich Ham/Cheese Sandwich with Baked Potato Chips Turkey Corn Dog, Red Roasted Potatoes Grilled Chicken Chef Salad Romaine/Carrots Shredded Fresh Apple Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
15	16	17	18	19
Hamburger Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Creamy Mashed Potatoes Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing Brown Gravy	Cheeseburger Bean/Cheese Burrito Cheese Pizza Ham Chef Salad Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Chicken Sandwich Ham/Cheese Sandwich with Baked Potato Chips Veggie Pizza Popcorn Chicken Chef Salad Pinto Beans, Sweet Potato Fries Fresh Cantaloupe Watermelon Diced Pears CONDIMENTS: Ketchup, Mustard, Mayo	Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Chicken Chef Salad Green Beans Romaine/Cherry Tomato Fresh Orange Tasty Applesauce CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Cheese Sandwich Ham/Cheese Sandwich with Baked Potato Chips Turkey Corn Dog, Steamed Corn Grilled Chicken Chef Salad Romaine/Tomatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
22	23	24	25	26
Hamburger Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Cheeseburger Bean/Cheese Burrito Cheese Pizza Ham Chef Salad Mixed Veggies Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Chicken Sandwich Ham/Cheese Sandwich with Baked Potato Chips Veggie Pizza Popcorn Chicken Chef Salad Pinto Beans, Sweet Potato Fries Seedless Grapes Watermelon Diced Pears Romaine Lettuce w/Diced Tomatoes CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Chicken Chef Salad Green Beans Romaine/Cherry Tomato Fresh Orange Tasty Applesauce CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Cheese Sandwich Ham/Cheese Sandwich with Baked Potato Chips Turkey Corn Dog, Red Roasted Potatoes Grilled Chicken Chef Salad Romaine/Carrots Shredded Fresh Apple Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing
29	30	31		
Hamburger Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Creamy Mashed Potatoes Romaine/Carrots Shredded Fresh Apple Peach Slices CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing Brown Gravy	Cheeseburger Bean/Cheese Burrito Cheese Pizza Ham Chef Salad Romaine Lettuce Baby Carrots Banana Fruit Cocktail CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Chicken Sandwich Ham/Cheese Sandwich with Baked Potato Chips Veggie Pizza Popcorn Chicken Chef Salad Pinto Beans, Sweet Potato Fries Fresh Cantaloupe Watermelon Diced Pears CONDIMENTS: Ketchup, Mustard, Mayo	Spicy Chicken Sandwich Cheese Stix Pepperoni Pizza Chicken Chef Salad Green Beans Romaine/Cherry Tomato Fresh Orange Tasty Applesauce CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing	Grilled Cheese Sandwich Ham/Cheese Sandwich with Baked Potato Chips Turkey Corn Dog, Steamed Corn Grilled Chicken Chef Salad Romaine/Tomatoes Fresh Apple Pineapple Tidbits CONDIMENTS: Ketchup, Mustard, Mayo Ranch Dressing

Milk Choices:

1% Low Fat Milk

Fat Free Chocolate

Fat Free Milk

A La Carte Lunch Entrée, \$1.50 Side Dish, \$0.50 Extra Fruit, \$0.50 Extra Milk, \$0.50

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BREAKFAST (Grade 9-12)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Kolache WG (Chicken/Beef) OR Biscuit & Sausage Cereal w/Graham Crackers OR Honey Bun WG Fresh Fruit (Apple) Orange Juice Milk Choice	Yogurt w/Graham Cracker Barbacoa Taco OR Breakfast Pizza (Tky sausage/Ch) OR Double Cho. Chip Muffin (WG) Fresh Fruit (Banana) Homemade Salsa Orange Juice Milk Choice	Ham Cheese Croissant OR Waffles (smucker)Maple WG OR Smucker Uncrustable, PB&Grape Fresh Cantaloupe Watermelon Orange Juice Milk Choice	Chorizo & Egg w/Toast OR Cereal w/Toast OR Morning Sausage OR Super Donut Graham Crackers Fresh Fruit (Apple/Orange) Homemade Salsa Orange Juice Milk Choice	Oatmeal w/toast Potato & Egg w/Bread Slice OR French Toast OR Cereal w/Graham Cracker Pop Tart WG Graham Crackers Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice
8	9	10	11	12
Bacon Egg w/biscuit OR Cereal w/Toast OR Breakfast Stix (Pork/Tky/Veg) OR Double Cho. Chip Muffin Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice	Yogurt Parfait w/Strawberries OR Yogurt w/Graham Cracker Breakfast Pizza (Tky sausage/ch) WG Blueberry Muffin WG Fresh Fruit (Banana) Orange Juice Milk Choice	Ham Cheese Croissant OR Mini Pancakes (Maple) OR Smucker Uncrustable PB&Grape Seedless Grapes Watermelon Orange Juice Milk Choice	Barbacoa Tacos Beef Tamales OR French Toast Or Super Donut WG Graham Cracker Whole Apple/Orange Homemade Salsa Orange Juice Milk Choice	Oatmeal w/toast Potato & Egg w/Bread Slice OR Kolache (Chkn/Beef) WG Cereal w/Graham Cracker Or Pop Tarts Graham Crackers Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice
15	16	17	18	19
Kolache WG (Chicken/Beef) OR Biscuit & Sausage Cereal w/Graham Crackers OR Honey Bun WG Fresh Fruit (Apple) Orange Juice Milk Choice	Yogurt w/Graham Cracker Barbacoa Taco OR Breakfast Pizza (Tky sausage/Ch) OR Double Cho. Chip Muffin (WG) Fresh Fruit (Banana) Homemade Salsa Orange Juice Milk Choice	Ham Cheese Croissant OR Waffles (smucker)Maple WG OR Smucker Uncrustable, PB&Grape Fresh Cantaloupe Watermelon Orange Juice Milk Choice	Chorizo & Egg w/Toast OR Cereal w/Toast OR Morning Sausage OR Super Donut Graham Crackers Fresh Fruit (Apple/Orange) Homemade Salsa Orange Juice Milk Choice	Oatmeal w/toast Potato & Egg w/Bread Slice OR French Toast OR Cereal w/Graham Cracker Pop Tart WG Graham Crackers Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice
22	23	24	25	26
Bacon Egg w/biscuit OR Cereal w/Toast OR Breakfast Stix (Pork/Tky/Veg) OR Double Cho. Chip Muffin Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice	Yogurt Parfait w/Strawberries OR Yogurt w/Graham Cracker Breakfast Pizza (Tky sausage/ch) WG Blueberry Muffin WG Fresh Fruit (Banana) Orange Juice Milk Choice	Ham Cheese Croissant OR Mini Pancakes (Maple) OR Smucker Uncrustable PB&Grape Seedless Grapes Watermelon Orange Juice Milk Choice	Barbacoa Tacos Beef Tamales OR French Toast Or Super Donut WG Graham Cracker Whole Apple/Orange Homemade Salsa Orange Juice Milk Choice	Oatmeal w/toast Potato & Egg w/Bread Slice OR Kolache (Chkn/Beef) WG Cereal w/Graham Cracker Or Pop Tarts Graham Crackers Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice
29	30	31		
Kolache WG (Chicken/Beef) OR Biscuit & Sausage Cereal w/Graham Crackers OR Honey Bun WG Fresh Fruit (Apple) Orange Juice Milk Choice	Yogurt w/Graham Cracker Barbacoa Taco OR Breakfast Pizza (Tky sausage/Ch) OR Double Cho. Chip Muffin (WG) Fresh Fruit (Banana) Homemade Salsa Orange Juice Milk Choice	Ham Cheese Croissant OR Waffles (smucker)Maple WG OR Smucker Uncrustable, PB&Grape Fresh Cantaloupe Watermelon Orange Juice Milk Choice	Chorizo & Egg w/Toast OR Cereal w/Toast OR Morning Sausage OR Super Donut Graham Crackers Fresh Fruit (Apple/Orange) Homemade Salsa Orange Juice Milk Choice	Oatmeal w/toast Potato & Egg w/Bread Slice OR French Toast OR Cereal w/Graham Cracker Pop Tart WG Graham Crackers Fresh Fruit (Apple) Homemade Salsa Orange Juice Milk Choice

Milk Choices: **1% Low Fat Milk** **Fat Free Chocolate** **Fat Free Milk**

A La Carte

Breakfast **\$1.25** **Extra Fruit** **\$0.50** **Extra Milk or OJ** **\$0.50**

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