

NOVEMBER 2018						
BREAKFAST MENU					Menu subject to change without notice	
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	BREAKFAST MEAL PRICES:
WEEK 1				1 Pancake on a Stick Chocolate Filled Crescent Breakfast Smoothie w/Muffin Orange Juice Milk Choice	2 Bacon & Egg Taco Apple Frudel Homemade Salsa Orange Juice Milk Choice	REDUCED \$ .30 FULL PRICE \$1.25 ADULT \$2.00
WEEK 2	5 Bacon, Egg & Cheese Bagel Sandwich Mini Cinnamon Rolls Orange Juice Milk Choice	6 Kolache Chocolate filled Crescent Breakfast Smoothie w/muffin Orange Juice Milk Choice	7 Breakfast Skillet Bowl Mini Strawberry Bagel Orange Juice Milk Choice	8 Beef Tamales Grape Filled Crescent Breakfast Smoothie w/muffin Homemade Salsa Orange Juice Milk Choice	9 Potato & Egg Taco Mini Strawberry Cream Bagel Homemade Salsa Orange Juice Milk Choice	A LA CARTE ENTREE \$1.50 EXTRA MILK \$.50 EXTRA FRUIT \$.50
WEEK 1	12 Bacon Egg Biscuit Cherry Frudel Homemade Salsa Orange Juice Milk Choice	13 Breakfast Bar w/Mini loaf Mini Blueberry Waffle Breakfast Smoothie w/Muffin Orange Juice Milk Choice	14 Breakfast Pizza Mini Strawberry Cream Bagel Orange Juice Milk Choice	15 Pancake on a Stick Chocolate Filled Crescent Breakfast Smoothie w/Muffin Orange Juice Milk Choice	16 Bacon & Egg Taco Apple Frudel Homemade Salsa Orange Juice Milk Choice	MILK CHOICES: 1% Low Fat Milk Fat Free Chocolate Milk
WEEK 2	19	20	21	22	23	ADDITIONAL BREAKFAST CHOICES: Cereal Pop Tarts Fresh Fruit
<b>THANKSGIVING BREAK</b>						
WEEK 1	26 Bacon Egg Biscuit Cherry Frudel Homemade Salsa Orange Juice Milk Choice	27 Breakfast Bar w/Mini loaf Mini Blueberry Waffle Breakfast Smoothie w/Muffin Orange Juice Milk Choice	28 Breakfast Pizza Mini Strawberry Cream Bagel Orange Juice Milk Choice	29 Bacon Egg Biscuit Cherry Frudel Homemade Salsa Orange Juice Milk Choice	30 Bacon & Egg Taco Apple Frudel Homemade Salsa Orange Juice Milk Choice	STISD Child Nutrition Dept. (956)514-4230

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<b>NOVEMBER 2018</b>									
<b>LUNCH MENU</b>						<b>Menu subject to change without notice</b>			
<b>MONDAY</b>		<b>TUESDAY</b>		<b>WEDNESDAY</b>		<b>THURSDAY</b>		<b>FRIDAY</b>	
<b>W E E K 1</b>						<b>1</b> Chicken Fajita Burrito Chicken Fettuccini Alfredo Toasted White Bread Green Beans Romaine Salad w/Tomatoes Watermelon Diced Pears	<b>2</b> Nachos Supreme Golden Chicken Tenders 2 oz Dinner Roll Broccoli Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits	<b>LUNCH MEAL PRICES:</b>  <b>REDUCED \$ .40</b> <b>FULL PRICE \$2.75</b> <b>ADULT \$3.50</b>  <b>A LA CARTE</b> <b>SIDE DISH \$0.50</b> <b>EXTRA MILK \$0.50</b> <b>EXTRA FRUIT \$0.50</b> <b>EXTRA VEGGIE \$0.50</b>  <b>MILK CHOICES:</b> <b>1% Low Fat Milk</b> <b>Fat Free Chocolate</b>  <b>CONDIMENTS:</b> <b>Ranch Dressing</b> <b>Parmesan Cheese</b> <b>Ketchup</b> <b>Jalapenos</b> <b>Mustard</b> <b>Mayo</b> <b>Gravy</b> <b>Salsa</b>  <b>STISD Child Nutrition Dept.</b> <b>(956)514-4230</b>	
<b>W E E K 2</b>	<b>5</b> Meat Balls Whole wheat toast Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices	<b>6</b> Philly Cheese Steak Baked French Fries Baby Carrots Banana Fruit Cocktail	<b>7</b> Crispy Tacos or Street Tacos Romaine lettuce w/Diced Tomatoes Pinto Beans and Spanish Rice Seedless Grapes Diced Pears	<b>8</b> Beef & Cheese Lasagna Twisted Cheese Breadstick Green Beans Romaine/ Cherry Tomatoes Fresh Orange Tasty Applesauce	<b>9</b> Chicken Fried Chicken w/Gravy 2 oz Dinner Roll Broccoli Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits				
<b>W E E K 1</b>	<b>12</b> Oven Roasted Crispy Chicken Creamy Mashed Potatoes Cooked carrots Romaine/ Carrots Shredded Dinner Roll Fresh apple Peach Slices	<b>13</b> Asian Teriyaki Bowl w/Pasta Egg Roll Romaine Lettuce Baby Carrots Banana Fruit Cocktail	<b>14</b> Cheese Enchiladas w/Meat Sauce Pinto Beans Spanish Rice Seedless Grapes Diced Pears	<b>15</b> Chicken Fajita Burrito Chicken Fettuccini Alfredo Toasted White Bread Green Beans Romaine Salad w/Tomatoes Watermelon Diced Pears	<b>16</b> Nachos Supreme Golden Chicken Tenders 2 oz Dinner Roll Broccoli Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits				
<b>W E E K 2</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>THANKSGIVING BREAK</b>			
<b>W E E K 1</b>	<b>26</b> Oven Roasted Crispy Chicken Creamy Mashed Potatoes Cooked carrots Romaine/ Carrots Shredded Dinner Roll Fresh apple Peach Slices	<b>27</b> Asian Teriyaki Bowl w/Pasta Egg Roll Romaine Lettuce Baby Carrots Banana Fruit Cocktail	<b>28</b> Cheese Enchiladas w/Meat Sauce Pinto Beans Spanish Rice Seedless Grapes Diced Pears	<b>29</b> Chicken Fajita Burrito Chicken Fettuccini Alfredo Toasted White Bread Green Beans Romaine Salad w/Tomatoes Watermelon Diced Pears	<b>30</b> Nachos Supreme Golden Chicken Tenders 2 oz Dinner Roll Broccoli Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits				

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<b>NOVEMBER 2018</b>						
<b>PIZZA &amp; MORE MENU</b>					<b>Menu subject to change without notice</b>	
	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	
				<b>1</b> Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	<b>2</b> Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romiane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	<b>MEAL PRICES:</b>  <b>REDUCED \$ .40</b> <b>FULL PRICE \$2.75</b> <b>ADULT \$3.50</b>  <b>A LA CARTE</b> <b>SIDE DISH \$0.50</b> <b>EXTRA MILK \$0.50</b> <b>EXTRA FRUIT \$0.50</b>  <b>MILK CHOICES:</b> <b>1% Low Fat Milk</b> <b>Fat Free Chocolate</b>  <b>CONDIMENTS:</b> <b>Ranch Dressing</b> <b>Parmesan Cheese</b> <b>Ketchup</b> <b>Jalapenos</b> <b>Mustard</b> <b>Mayo</b>  <b>STISD Child Nutrition Dept.</b> <b>(956)514-4230</b>
	<b>5</b> Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	<b>6</b> Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	<b>7</b> Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	<b>8</b> Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	<b>9</b> Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romiane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	
	<b>12</b> Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	<b>13</b> Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	<b>14</b> Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	<b>15</b> Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	<b>16</b> Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romiane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	
<b>19</b>	<b>THANKSGIVING BREAK</b>				<b>23</b>	
	<b>26</b> Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	<b>27</b> Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	<b>28</b> Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	<b>29</b> Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	<b>30</b> Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romiane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	

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