

SEPTEMBER 2019						
BREAKFAST MENU						Menu subject to change without notice
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
W E E K  1	2  LABOR DAY (NO SCHOOL)	3 Breakfast Bar w/Mini loaf Mini Blueberry Waffle Breakfast Smoothie w/Muffin Orange Juice Milk Choice	4 Breakfast Pizza Mini Strawberry Cream Bagel Orange Juice Milk Choice	5 Pancake on a Stick Chocolate Filled Crescent Breakfast Smoothie w/Muffin Orange Juice Milk Choice	6 Bacon & Egg Taco Apple Frudel Homemade Salsa Orange Juice Milk Choice	<u>BREAKFAST MEAL PRICES:</u>  REDUCED \$ .30 FULL PRICE \$ 1.50  <u>A LA CARTE</u> ENTREE \$ 1.50 EXTRA MILK \$ .50 EXTRA FRUIT \$ .50  <u>MILK CHOICES:</u> 1% Low Fat Milk Fat Free Chocolate Milk  <u>ADDITIONAL BREAKFAST CHOICES:</u> Cereal Pop Tarts Fresh Fruit
W E E K  2	9 Bacon, Egg & Cheese Bagel Sandwich Mini Cinnamon Rolls Orange Juice Milk Choice	10 Chicken Biscuit Kolache Chocolate filled Crescent Breakfast Smoothie w/muffin Orange Juice Milk Choice	11 Breakfast Skillet Bowl Mini Strawberry Bagel Orange Juice Milk Choice	12 Beef Tamales Grape Filled Crescent Breakfast Smoothie w/muffin Homemade Salsa Orange Juice Milk Choice	13 Potato & Egg Taco Mini Strawberry Cream Bagel Homemade Salsa Orange Juice Milk Choice	
W E E K  1	16 Bacon Egg Biscuit Cherry Frudel Homemade Salsa Orange Juice Milk Choice	17 Breakfast Bar w/Mini loaf Mini Blueberry Waffle Breakfast Smoothie w/Muffin Orange Juice Milk Choice	18 Breakfast Pizza Mini Strawberry Cream Bagel Orange Juice Milk Choice	19 Pancake on a Stick Chocolate Filled Crescent Breakfast Smoothie w/Muffin Orange Juice Milk Choice	20 Bacon & Egg Taco Apple Frudel Homemade Salsa Orange Juice Milk Choice	
W E E K  2	23 Bacon, Egg & Cheese Bagel Sandwich Mini Cinnamon Rolls Orange Juice Milk Choice	24 <span style="color: red;">Chicken Biscuit</span> Kolache Chocolate filled Crescent Breakfast Smoothie w/muffin Orange Juice Milk Choice	25 Breakfast Skillet Bowl Mini Strawberry Bagel Orange Juice Milk Choice	26 Beef Tamales Grape Filled Crescent Breakfast Smoothie w/muffin Homemade Salsa Orange Juice Milk Choice	27 Potato & Egg Taco Mini Strawberry Cream Bagel Homemade Salsa Orange Juice Milk Choice	
W E E K  1	30 Bacon Egg Biscuit Cherry Frudel Homemade Salsa Orange Juice Milk Choice					<b>STISD Child Nutrition Dept.</b> (956)514-4230

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotope, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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SEPTEMBER 2019						
LUNCH MENU						Menu subject to change without notice
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
WEEK 1	2 <b>LABOR DAY (NO SCHOOL)</b>	3 Asian Teriyaki Bowl w/Fried Rice Egg Roll Romaine Lettuce Baby Carrots Banana Fruit Cocktail	4 Cheese Enchiladas w/Meat Sauce Pinto Beans Spanish Rice Seedless Grapes Diced Pears	5 Chicken Fajita Burrito Chicken Fajita Bowl Green Beans Romaine Salad w/ Tomatoes Watermelon Diced Pears	6 Nachos Supreme Golden Chicken Tenders Dinner Roll Broccoli Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits	<b>LUNCH MEAL PRICES:</b>  <b>REDUCED \$ .40</b> <b>FULL PRICE \$3.00</b>  <u>A LA CARTE</u> <b>SIDE DISH \$0.50</b> <b>EXTRA MILK \$0.50</b> <b>EXTRA FRUIT \$0.50</b> <b>EXTRA VEGGIE \$0.50</b>  <b>MILK CHOICES:</b> 1% Low Fat Milk  <b>CONDIMENTS:</b> Ranch Dressing Parmesan Cheese Ketchup Jalapenos Mustard Mayo Gravy Salsa  <b>STISD Child Nutrition Dept.</b> (956)514-4230
WEEK 2	9 Meat Balls Whole wheat toast Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices	10 Philly Cheese Steak Meatball Sub Sandwich Baked French Fries Baby Carrots Banana Fruit Cocktail	11 Street Tacos Carne Guisada Romaine lettuce w/Diced Tomatoes Pinto Beans and Spanish Rice Seedless Grapes Diced Pears	12 Beef & Cheese Lasagna Cheese Ravioli Twisted Cheese Breadstick Green Beans Pinto Beans/ Cherry Tomatoes Fresh Orange Tasty Applesauce	13 Hot & Spicy Boneless Wings Chili Cheese Dog Baby Carrots Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits	
WEEK 1	16 Oven Baked Chicken Pulled Pork Sliders Creamy Mashed Potatoes Cooked carrots Romaine/ Carrots Shredded Dinner Roll Fresh apple	17 Asian Teriyaki Bowl w/Fried Rice Egg Roll Romaine Lettuce Baby Carrots Banana Fruit Cocktail	18 Cheese Enchiladas w/Meat Sauce Pinto Beans Spanish Rice Seedless Grapes Diced Pears	19 Chicken Fajita Burrito Chicken Fajita Bowl Green Beans Romaine Salad w/ Tomatoes Watermelon Diced Pears	20 Nachos Supreme Golden Chicken Tenders Dinner Roll Broccoli Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits	
WEEK 2	23 Meat Balls Whole wheat toast Steamed Broccoli Romaine/Carrots Shredded Fresh Apple Peach Slices	24 Philly Cheese Steak Meatball Sub Sandwich Baked French Fries Baby Carrots Banana Fruit Cocktail	25 Street Tacos Carne Guisada Romaine lettuce w/Diced Tomatoes Pinto Beans and Spanish Rice Seedless Grapes Diced Pears	26 Beef & Cheese Lasagna Cheese Ravioli Twisted Cheese Breadstick Green Beans Romaine/ Cherry Tomatoes Fresh Orange Tasty Applesauce	27 Hot & Spicy Boneless Wings Chili Cheese Dog Baby Carrots Romaine w/Tomatoes Fresh Cantaloupe Pineapple Tidbits	
WEEK 1	30 Oven Baked Chicken Pulled Pork Sliders Creamy Mashed Potatoes Cooked carrots Romaine/ Carrots Shredded Dinner Roll Fresh apple					

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**SEPTEMBER 2019**

**PIZZA & MORE MENU**

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	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	
	<b>2</b>  <b>LABOR DAY (NO SCHOOL)</b>	<b>3</b> Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	<b>4</b> Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	<b>5</b> Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	<b>6</b> Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	<p><b>MEAL PRICES:</b>  <b>REDUCED \$ .40</b>  <b>FULL PRICE \$3.00</b></p> <p><b>A LA CARTE</b>  <b>SIDE DISH \$0.50</b>  <b>EXTRA MILK \$0.50</b>  <b>EXTRA FRUIT \$0.50</b></p> <p><b>MILK CHOICES:</b>  <b>1% Low Fat Milk</b>  <b>Fat Free Chocolate</b></p> <p><b>CONDIMENTS:</b>  <b>Ranch Dressing</b>  <b>Parmesan Cheese</b>  <b>Ketchup</b>  <b>Jalapenos</b>  <b>Mustard</b>  <b>Mayo</b></p> <p><b>STISD Child Nutrition Dept.</b>  <b>(956)514-4230</b></p>
	<b>9</b> Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	<b>10</b> Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	<b>11</b> Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	<b>12</b> Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	<b>13</b> Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	
	<b>16</b> Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	<b>17</b> Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	<b>18</b> Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	<b>19</b> Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	<b>20</b> Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	
	<b>23</b> Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices	<b>24</b> Homestyle Chicken Sandwich Bean/Cheese Burrito Ham Chef Salad Pepperoni/Cheese Pizza Romaine Lettuce Baby Carrots Banana Fruit Cocktail	<b>25</b> Grilled Chicken Sandwich Chicken Salad Croissant w/Chips Pepperoni/Cheese Pizza Pinto Beans Romaine Salad Watermelon Diced Pears	<b>26</b> Spicy Chicken Sandwich Pepperoni/Cheese Pizza Chicken Chef Salad Green Beans Baby Carrots Banana Fruit Cocktail	<b>27</b> Ham & Cheese Sandwich w/Chips Pepperoni/Cheese Pizza Turkey Corn Dog Grilled Chicken Chef Salad Broccoli Romane/ Tomatoes Fresh Cantaloupe Pineapple Tidbits	
	<b>30</b> Cheeseburger Spicy Chicken Sandwich Pepperoni/Cheese Pizza Fries Fresh Apple Peach Slices					

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